

# Mannette Morgan

TALKING POINTS - QUESTIONS

**Links to Media Appearances** 

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## Abuse Expert & Author



#### MEDIA QUESTIONS:

- Domestic abuse spiked during COVID-19 but it is far from over...How did the pandemic impact domestic abuse?
- How rampant is abuse within our society?
- When people think of abuse they think of violence but you say abuse comes in many forms...what do you mean?
- Your incredible story of survival and recovery is documented in the book Finding your Voice...is this something you found difficult to write?
- How did you overcome your own adversity?
- Your book is part memoir, part comprehensive blueprint guide that offers step-by-step strategies, for survival...what advice do you have for survivors who may be isolating with an abusive partner?
- Your message is not only survivors but to society-at-large... How do we as a society stop the cycle of abuse?
- Anyone who goes through this experience may feel isolated, alone and fearful of seeking help. What advice do you have for them?
- Garlighting is a term that has really come into the forefront. What is Gaslighting how does it compare to other types of abuse?
- When did you have your own epiphany about abuse?
- Some of our listeners might know someone who needs help...what should they do?
- You have Free Resources & Tools available for Abuse Survivors on your website...where can people find these?

# Talking Points



- Need-to-Know Information About Violence &
   Domestic Abuse In the Post-COVID Age
- Strategies for Survival, Healing, & Happiness:
- Empowering Advice for Abuse Survivors
- Free Resources & Tools for Abuse Survivors
- What to Do if You Know Someone Who
   Needs Help
- Understanding Abuse in Our Society & How
  to Stop the Cycle
- From Tragedy to Triumph: Inspiring Personal
   Account of Abuse & Recovery

### SOCIAL MEDIA

Website: <u>http://mannettemorgan.com</u> youTube:<u>@mannettemorgan</u> LinkedIn:<u>Linkedin.com/in/mannette-</u> <u>morgan</u> Instagram:<u>@mannettemorganauthor</u> Twitter:<u>@mannettemorgan</u> Facebook: <u>@mannettemorganauthor</u>

#### <u>Book - Ebook - Workbook</u> <u>Auditable</u>

### IMAGES

Mannette Morgan Bio with Headshot: <u>Download HERE</u> Finding Your Voice Book Information: <u>Download HERE</u> Video of a Survivors Story: <u>Watch HERE</u> Finding Your Voice Book Trailer: <u>Watch HERE</u>

